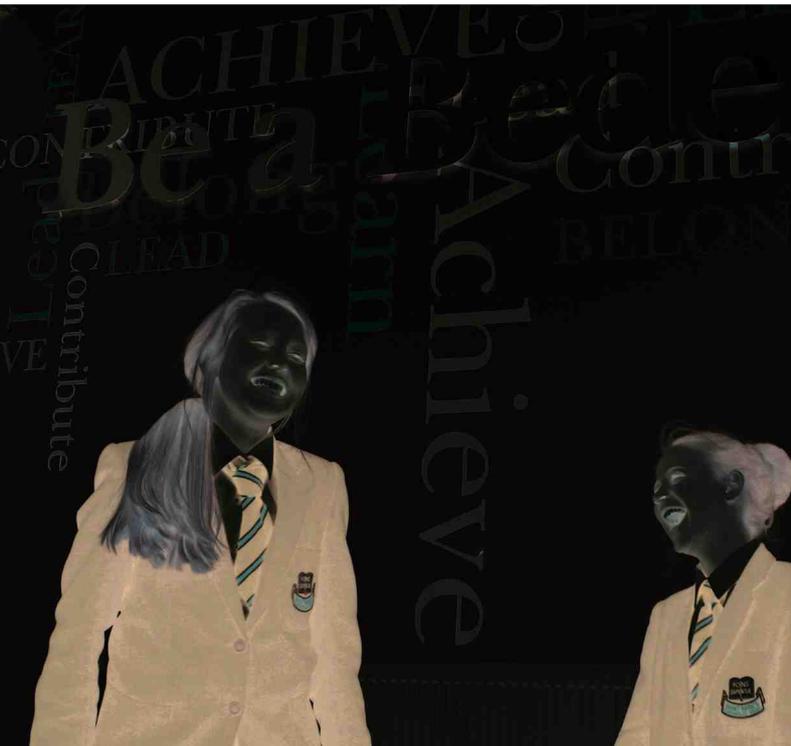




Saint Bede's Catholic High School

Being a Bede

LIFE AT SAINT BEDE'S ISN'T SIMPLY ABOUT **BEING THE BEST YOU CAN BEDE** IN LESSONS, IT IS ABOUT YOU MAKING THE MOST OF THE GREAT OPPORTUNITIES THAT ARE ON OFFER HERE THROUGH THE RICH AND VARIED EXTRA-CURRICULAR PROGRAMME.



BEING INVOLVED

GETTING INVOLVED CAN HELP YOU TO:

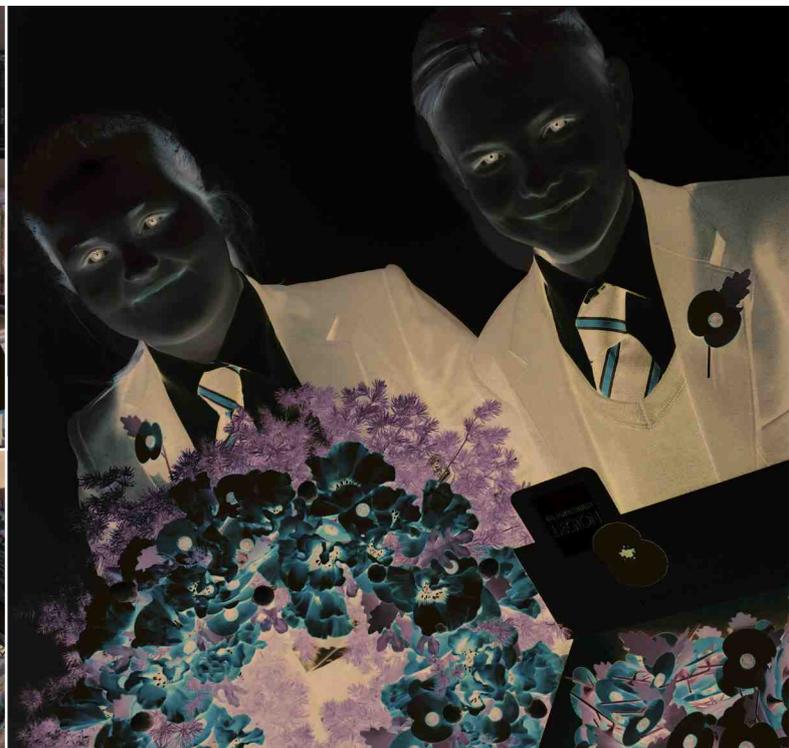
- ENJOY SCHOOL MORE
- MAKE THE MOST OF YOUR TALENTS
- LEARN NEW SKILLS
- MAKE NEW FRIENDS
- DEVELOP CONFIDENCE AND TEAM-BUILDING SKILLS FOR YOUR FUTURE CAREER

ABOVE ALL, HAVE FUN!

SO, GO FOR IT, SEIZE THE OPPORTUNITIES AVAILABLE AND GET INVOLVED!

Being the best you can Bede





Our Catholic Community: 'We are One in the Spirit'

CHAPLAINCY

Use your talents to support worship and the prayer life of the school. If you enjoy public speaking, singing, dancing and serving - see Mr Harding, Lay Chaplain.

'ACTION'

Pupils from all years focusing on issues of justice and peace.

JUNIOR SVP & MINI VINNIES

Pupils in all year groups can take part in voluntary work for the local community.

PE and school sport



- Basketball
- Netball
- Cricket (girls and boys)
- Rounders
- Dance
- Badminton
- Football (girls and boys)
- Fitness
- Gymnastics
- Tennis
- Table Tennis
- Handball
- Volleyball
- Athletics
- Trampolining

The P.E. Department publish a separate programme of activities with all of the specific times listed. This is displayed in all form rooms and changes on a half-termly basis.

Note: Winter sports run from September to Easter; summer sports run from Easter, to the end of the Summer Term.

We run clubs based on pupils' interests. Any pupil can put an idea forward to their Sports Captain. Activities will change every half-term.

For further information about any of these activities, please contact: Mrs. Smith, Mr. Frankel, Mr. Langley or Miss Murray

Performing Arts

DRAMA Contact Mrs. King for further information

DRAMA CLUB

Meets during Thursday lunchtime each week. Develop acting skills, play games and build up your confidence as well as taking part in sketches, plays and bigger productions.

LITURGICAL DRAMA

Prepare short dramatised scenes and readings to enhance our school worship.

SCHOOL PRODUCTION

We usually present a full school production (either a play or a musical) every two years and auditions are open to all pupils. We always need a reliable and dedicated team of pupils working backstage in a variety of roles as well.

KS4 'DROP-IN' SESSIONS

Tuesday (Year 10), Thursday and Friday (Year 11).

LAMDA (London Academy of Music and Dramatic Art)

Specialist tuition in acting, musical theatre or public speaking from the Say Two Touring Theatre Company. For further information and details of fees, collect a letter from Mrs King.



THROUGHOUT THE YEAR THERE ARE NUMEROUS OPPORTUNITIES TO SHOWCASE YOUR PERFORMING SKILLS TO PARENTS AND FELLOW PUPILS. IN RECENT YEARS, THESE HAVE INCLUDED: 'STARS IN THEIR EYES', 'DANCE OFF', 'BATTLE OF THE BANDS', SCHOOL MUSICAL PRODUCTIONS TO NAME BUT A FEW...

MUSIC

Contact Mr. Warrington for further information

SAINT BEDE'S MUSIC CENTRE

Meets every Tuesday from 4.00 to 5.00pm. A host of musical activities including a concert band, keyboard ensemble, small group and individual tuition in a range of instruments.

LYTHAM YOUTH CHOIR

Meets every Thursday from 4.00 to 5.00pm. We sing a variety of styles of music and perform regularly on our own or alongside the Lytham Community Choir.

SAINT BEDE'S SINGERS

Auditions will be held to join this committed and harmonious group of singers who rehearse on Wednesday lunchtimes in the Music room. Open to all pupils.

MUSIC THEORY

Essential if you want to take Music at GCSE/A-level



and beyond. Held after school on most Tuesdays from 3.15-4.15pm.

INSTRUMENTAL OR SINGING LESSONS

If you already play an instrument or would like to learn for the first time, subsidised tuition through the Lancashire Schools' Music Service is available in the following instruments: trumpet, cornet, trombone, clarinet, flute, saxophone, electric guitar, bass guitar, drums, piano and keyboard.



Further information is available on a letter from Mr. Warrington.

STARS IN THEIR EYES

Auditions in December for the annual competition at Lowther Gardens in the Spring Term.

PRACTICE ROOMS

If you want to hone your instrumental skills, form a band or simply have a 'jamming session' with your friends, use one of our practice rooms after school from 3.15-4.30pm.

Being the best you can Bede

Other aspects of school life

In addition to these activities, there are numerous other opportunities:

B.B.C.

Bede's Broadcasting Company (All Years). We are looking for pupils from all year groups to join a new team working to create professional presentations for the school. If you are confident in front of a camera, have good videoing and photographic skills or simply have some new innovative ideas about letting people know what's going on in school, come and join us - see Miss Burluraux for details.

HISTORY FILM CLUB

(All Years) Watch and debate films with a historical theme to deepen your understanding of the

subject. Meet on Thursday lunchtimes in room 13.

HISTORY BULLETIN

An exciting opportunity to write articles and create short films for Bede's Broadcasting Company focusing on key historical events that have taken place during the past week or month. See Miss Renshaw for more information on the history clubs.

CHESS CLUB

Budding Grand Masters meet in T2 during Tuesday lunchtimes - see Mr. Jackson.

PUPIL LIBRARIANS

Help to run the SLC! You'll be the first to see all the new books plus you'll help

out on the counter issuing and returning resources. You will also be able to plan and run all the great new events happening in the SLC this year including the V.I.P. author visits, Children's Book Week and our book fair in December.

MATHS HOMEWORK CLUB

For all years during Wednesday lunchtime in room 9.

YEAR 11 BOOK CLUB

Discuss riveting reads on Mondays after school in room 1.

SAINT BEDE'S WRITING CLUB

An opportunity to take part in an exciting range of

writing competitions and get your work published in an anthology! We meet on Wednesday lunchtimes - see Chloe Ireland and Alex Greaves of Year 11 for more information.

ALLOTMENT CLUB

Interested in gardening and growing fresh fruit and vegetables? Please collect a letter from the letter rack outside the Pastoral Office.

SCRABBLE CLUB

Thursday lunchtimes with Mrs Holmes in Room 2.

WARHAMMER CLUB

Monday lunchtimes/after school with Mr Joyce in Room 13.



The Duke of Edinburgh Award

The school offers an opportunity for pupils in Year 10 to gain their Duke of Edinburgh Award by providing evidence of completing challenges in: Volunteering, Skills, Physical Recreation and Expeditions. For further information, contact Mr. Jackson.



Technology Clubs

'YOUNG CHEF'

Challenge your culinary skills in the Fairtrade cookery competition.

For more information please contact Mrs. James.

YEAR 11 YEARBOOK

From November to Easter, groups of Year 11 pupils work together to create a Yearbook celebrating their time at Saint Bede's which is presented to them at Presentation Evening.

See Ms. Dickinson for more information

Learning Support Clubs:

THE IN CLUB

A haven provided every break and lunchtime by Learning Support. Held in room 3, it is a place where pupils can make new friends, play games and generally chill out. Pupils are welcome to bring along food and drink. Learning Support staff in attendance will also provide help with homework if required. This is an 'invite only' club with staff making the selection. If you would like to be considered for membership, see Mrs. Higginson or one of the other Teaching Assistants.

YOUR NUMBER'S UP CLUB

This takes place during Thursday and Friday lunch breaks in room 10 and is open to anyone who wants to sharpen their maths skills through fun, exciting and interactive activities. Bring a friend and join a happy, fun group.

