

# 1. Curriculum Overview – Home Cooking & Nutrition KS3 & Food Preparation & Nutrition (KS4)



## CURRICULUM OVERVIEW FOR SUBJECT – Food preparation & Nutrition Key Stage 4

HALF TERM 1

HALF TERM 2

HALF TERM 3

HALF TERM 4

HALF TERM 5

HALF TERM 6

**YEAR  
10**

AO3  
Food Spoilage  
Food Safety  
Preparing Food  
Food Poisoning.

AO1  
Nutrition and  
Health

AO2  
The Science of  
Food

AO5  
Factors Affecting  
Food Choice

AO4  
Where Food  
Comes From

Theory Revision  
and NEA 1  
Preparation

**YEAR  
11**

NEA 1  
Coursework

NEA 1  
Coursework

NEA 2  
Coursework

NEA 2  
Coursework

Revision

End of  
examination  
period