

# Curriculum Overview (Pupils at KS3 do 2 activities per ½ term for 6 lessons each)

(There are times when the curriculum changes due to loss of hall because of exams or external coaches come and visit)



## CURRICULUM OVERVIEW FOR PHYSICAL EDUCATION

	HALF TERM 1	HALF TERM 2	HALF TERM 3	HALF TERM 4	HALF TERM 5	HALF TERM 6
YEAR 7	Volleyball Rugby Netball Trampolining	Volleyball Rugby Netball Trampolining	Football (2 groups) Badminton Trampolining	Dance (2 groups) Badminton Trampolining	Rounders OAA Athletics Cricket	Rounders OAA Athletics Cricket
YEAR 8	Volleyball Rugby Netball Trampolining	Volleyball Rugby Netball Trampolining	Dance Football Badminton Trampolining	Dance Football Badminton Trampolining	Rounders OAA Athletics Cricket	Rounders OAA Athletics Cricket
YEAR 9	Volleyball Rugby Netball Trampolining	Volleyball Rugby Netball Trampolining	Football or handball Badminton or trampolining	Dance or OAA Badminton or trampolining	Rounders Athletics – track Athletics - field Cricket	Rounders Athletics – track Athletics - field Cricket
YEAR 10	Applied anatomy and physiology (Paper 1)	Applied anatomy and physiology (Paper 1)	Movement analysis (Paper 1)	Physical training (Paper 1)	Physical training (Paper 1)	Physical training Use of data (Paper 1)
YEAR 11	Sports psychology (Paper 2)	Sports psychology (Paper 2)	Socio-cultural influences (Paper 2) Moderation practice	Health, fitness and well-being (Paper 2)	Exam preparation	END OF EXAMINATION PERIOD