

Curriculum Overview (Pupils at KS3 do 2 activities per ½ term for 6 lessons each)

(There are times when the curriculum changes due to loss of hall because of exams or external coaches come and visit)



CURRICULUM OVERVIEW FOR PHYSICAL EDUCATION

| | HALF TERM 1 | HALF TERM 2 | HALF TERM 3 | HALF TERM 4 | HALF TERM 5 | HALF TERM 6 |
|---------|---|---|--|--|---|---|
| YEAR 7 | Volleyball Rugby Netball Trampolining | Volleyball Rugby Netball Trampolining | Football (2 groups) Badminton Trampolining | Dance (2 groups) Badminton Trampolining | OAA Athletics Cricket | OAA Athletics Cricket |
| YEAR 8 | Volleyball Rugby Netball Trampolining | Volleyball Rugby Netball Trampolining | Dance Football Badminton Trampolining | Dance Football Badminton Trampolining | OAA Athletics Rounders | OAA Athletics Rounders |
| YEAR 9 | Volleyball Rugby Netball Trampolining | Volleyball Rugby Netball Trampolining | Football or Handball Badminton or trampolining | Dance or OAA Badminton or trampolining | Striking and fielding Athletics | Striking and fielding Athletics |
| YEAR 10 | Applied anatomy and physiology (Paper 1) | Applied anatomy and physiology (Paper 1) | Movement Analysis (Paper 1) | Physical Training (Paper 1) | Physical Training (Paper 1) | Physical Training Use of data (Paper 1) |
| YEAR 11 | Sports Psychology (Paper 2) | Sports Psychology (Paper 2) | Socio-cultural influences (Paper 2) Moderation practice | Health, fitness & well-being (Paper 2) | Exam Preparation | END OF EXAMINATION PERIOD |