

Curriculum Overview (Pupils at KS3 do 2 activities per ½ term for 6 lessons each)

(There are times when the curriculum changes due to loss of hall because of exams or external coaches come and visit)



CURRICULUM OVERVIEW FOR PHYSICAL EDUCATION

	HALF TERM 1	HALF TERM 2	HALF TERM 3	HALF TERM 4	HALF TERM 5	HALF TERM 6
YEAR 7	Badminton Football Netball Trampolining	Badminton Football Netball Trampolining	Rugby Dance OAA Volleyball	Rugby Dance OAA Volleyball	Athletics – track Athletics – field Cricket Rounders	Athletics – track Athletics – field Cricket Rounders
YEAR 8	Badminton Football Netball Trampolining	Badminton Football Netball Trampolining	Rugby Dance OAA Volleyball	Rugby Dance OAA Volleyball	Athletics – track Athletics – field Cricket Rounders	Athletics – track Athletics – field Cricket Rounders
YEAR 9	Badminton Football Netball Trampolining	Badminton Football Netball Trampolining	Rugby HRF Invasion Volleyball	Rugby HRF Invasion Volleyball	Athletics – track Athletics – field Cricket Rounders	Athletics – track Athletics – field Cricket Rounders
YEAR 10	Applied anatomy and physiology (Paper 1)	Applied anatomy and physiology (Paper 1)	Movement Analysis (Paper 1)	Physical Training (Paper 1)	Physical Training (Paper 1)	Physical Training Use of data (Paper 1)
YEAR 11	Sports Psychology (Paper 2)	Sports Psychology (Paper 2)	Socio-cultural influences (Paper 2) Moderation	Health, fitness & well-being (Paper 2)	Exam Preparation	END OF EXAMINATION PERIOD