

YEAR 9 CURRICULUM PLAN FOR PHSC



TOPIC	KEY LEARNING	ASSESSMENT
Health and Wellbeing – managing mental health	<ul style="list-style-type: none"> ➤ Explore challenges of returning to school, support networks and aspirations and how these can affect well-being. ➤ Understand the importance of routines for stress management and how to prepare for stressful situations including moving to KS4 ➤ Explore importance of self-management including balance in work, leisure and exercise and review the importance of good sleep hygiene ➤ Understand the range of impacts of social media on self-perception and body image and how to manage these ➤ Understand how to identify and manage situations beyond control including change, loss, death and bereavement ➤ Explore responsibility for own health including skin care and sun protection ➤ Know the increased responsibility for own physical health, including self-examination, vaccination and health service access 	<p><i>Formative Assessment:</i> Baseline trackers Then and now I can statements RAG statements</p> <p><i>Summative Assessment:</i> Firefly Reflection Page</p>
Peer Influence, Substance Use & Gangs	<ul style="list-style-type: none"> ➤ Explore the behaviours and attitudes towards drugs and substance misuse in young people, including dependence and addiction ➤ Be able to classify and identify drugs, understanding the law in relation to possession, supply and intent with the Misuse of Drugs Act, as well as the role of the police ➤ Understand the impact of drugs on person, careers, family, friends and travel and how to manage the influence of drugs and alcohol ➤ Explore the impact of occasional substance misuse, including determining myth and fact around alcohol and cannabis in young people ➤ Understand how to recognise peer pressure that can lead to risk taking and understand characteristics of grooming and gang culture ➤ Understand the legal and physical consequences of gang culture and the motivations and consequences of carrying a knife 	<p><i>Formative Assessment:</i> Baseline trackers Then and now I can statements RAG statements</p> <p><i>Summative Assessment:</i> Firefly Reflection Page</p>
Citizenship: Diversity	<ul style="list-style-type: none"> ➤ Review key vocabulary, rights, responsibilities and the dangers of stereotyping, prejudice and discrimination in school and the wider community ➤ Review how stereotyping, prejudice and discrimination may negatively impact friendships and developing relationships, including how to manage influences on beliefs and decisions and how to manage group-think persuasion ➤ Understand about sexism and gender bias focusing predominantly on misogyny but also misandry, including the role of the media with a focus on extreme views of key figures such as Andrew Tate ➤ Understand gender identity, homophobia, biphobia, transphobia and gender-based discrimination, the diversity in romantic and sexual attraction and where to access support 	<p><i>Formative Assessment:</i> Then and now I can statements RAG statements Mindmaps</p> <p><i>Summative Assessment:</i> Firefly Reflection Page</p>
Careers	<ul style="list-style-type: none"> ➤ Understand the importance of decision making, how to make informed decisions and how these affect future careers and lifestyle ➤ Exploring options and selecting GCSEs, including understanding VCert and course structure and how these choices can direct post-16 pathways and also career ➤ Explore where different subjects can lead with guidance to for selecting the right GCSE options ➤ Explore employability and employability skills 	<p><i>Formative Assessment:</i> I can statements RAG statements True or False Personality Quiz</p> <p><i>Summative Assessment:</i> Firefly Reflection Page</p>
Relationships	<ul style="list-style-type: none"> ➤ Explore different types of families and parenting, including single parents, same sex parents and blended families ➤ Understand the importance of positive relationships in the home, how to build and maintain them and how to understand own role ➤ Explore conflict and its causes in different contexts, including with friends and family ➤ Understand how to manage relationships and family changes, including relationship breakdown, separation and divorce ➤ Explore youth homelessness, the reasons for it and ways to reduce it. 	<p><i>Formative Assessment:</i> I can statements RAG statements True or False Personality Quiz</p> <p><i>Summative Assessment:</i> Firefly Reflection Page</p>
Financial and Economic Wellbeing	<ul style="list-style-type: none"> ➤ Review financial decision making and the things that impact it, including credit and savings, financial vocabulary and influences on spending ➤ Understand how money concerns affect physical and mental wellbeing, including how to recognise and manage this ➤ Know how to protect financial security online, including in-game purchases, identity theft and fraud ➤ Introduce impulsivity and the influence of gambling industry, including the dangers and risks of underage gambling and chance-based transactions 	<p><i>Formative Assessment:</i> I can statements RAG statements True or False Personality Quiz</p> <p><i>Summative Assessment:</i> Firefly Reflection Page</p>

