



PSHCE

	HALF TERM 1	HALF TERM 2	HALF TERM 3	HALF TERM 4	HALF TERM 5	HALF TERM 6
YEAR 7	<p>Transition, myself and friendships Focus: Transition to Secondary School Organisation Friendships</p>	<p>Staying Safe and Healthy Focus: Identifying Risk Personal Safety Diet, sleep, exercise and hygiene</p>	<p>Citizenship: Diversity Focus: Prejudice & discrimination Responsibility Ableism – Autism Gender & sexual identities</p>	<p>Self-worth, Friendships & boundaries Focus: Self-confidence Self-esteem Communication Consent</p>	<p>Developing skills and aspirations: careers Focus: Stereotyping Influence Debate STEM</p>	<p>Citizenship: Community and Law Focus: Mob mentality Abusive behaviours Anti-social behaviour Police power</p>
YEAR 8	<p>Emotional Well-Being and Physical Health Focus: Routines Triggers Resilience Body image Coping strategies</p>	<p>Staying Safe: Drugs and Alcohol Focus: Legal and Illegal Prescription drugs Caffeine Nicotine Alcohol</p>	<p>Staying Safe: Digital and Financial Literacy Focus: Social Networking Media Bias Online Grooming Financial Safety</p>	<p>Identity and Relationships Focus: Trust Sexual Attraction Sexual Orientation Consent</p>	<p>Citizenship: Discrimination Focus: Stereotyping Group-think Racism Extremism Faith-based prejudice Inclusion</p>	<p>Careers Focus: Success Equality Opportunity Life choices Patterns of work</p>
YEAR 9	<p>Health and Wellbeing – Mental Health Focus: Transition to KS4 Stress Management Unhelpful behaviours Bereavement Self - examination</p>	<p>Peer Influence, Substance Use & Gangs Focus: The Law Managing Influence Abusive Behaviours Exploitation Knife Crime</p>	<p>Careers Focus: Decision making GCSE Options Post 16 Pathways</p>	<p>Citizenship: Diversity Focus: Stereotyping Dangers of Group-Think Sexism Gender-based discrimination Child on Child abuse</p>	<p>Relationships Focus: Families Conflict Homelessness</p>	<p>Financial and Economic Well-Being Focus: Credit vs Savings Online security Financial exploitation</p>
YEAR 10	<p>Learning to Learn: Managing Change Focus: Aspirations Change Stress Bereavement</p>	<p>Careers Focus: Apprenticeships LMI Working Hours Employment rights Payslips</p>	<p>Role Models, Gangs and the Media Focus: Peer Pressure Gang culture Knife Crime County Lines</p>	<p>Healthy Relationships Focus: Consent Child on Child Abuse Choice FGM</p>	<p>Citizenship: Discrimination Focus: Right-Wing Radicalisation Equality Act Extreme Viewpoints</p>	<p>Financial and Economic Wellbeing Focus: Savings Debt Mortgage Gambling Fraud</p>
YEAR 11	<p>Building for the Future Focus: Sleep Self-management Failure Stress</p>	<p>Careers Focus: Aspirations Employability C.V. Interview skills</p>	<p>Relationships: families and independence Focus: communication Intimacy Marriage Parenting</p>	<p>Pressure: Drugs, alcohol and nicotine Focus: Causes Wider impact Classification and law Cessation</p>	<p>Learning to Learn Focus: Metacognition Organisation Revision Strategies</p>	<p>Exams</p>