

### Sports Supplement Saint Bede's Catholic High School Summer 2023



### Have A Great Summer!

Another year of sports completed! It has been fantastic to see the progress our pupils have had across a number of sports this year.

There has been lots of success and plenty of enjoyment!

On Monday, we had our School Sports Day. The day involved pupils competing as part of their form group across football, netball, cricket and dodgeball (Year 7 and 8)volleyball (Year 9 and 10). It was great to see the excellent engagement levels of the pupils trying their best to support their form. The behaviour and attitude of our pupils are what made it such a successful day.

We hope you all have a great summer and look forward to seeing you in September, ready to do it all again!

The P.E department

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# Year 7

#### ΡE

During Term 3 of Year 7, pupils have taken part in cricket, rounders, athletics and orienteering.

### Athletics

We took a boys and girls Athletics team to the Fylde Coast competition at Stanley Park. There were some standout performances and a huge effort made by all. Engagement levels at both the club and tournament was great to see!



Our Year 7 and 8 girls cricket team competed in the Outdoor Cricket competition and were extremely successful, winning the Wyre & Fylde competition and going on to finish  $3^{rd}$  place in Lancashire for the second time this year.

#### Rounders

Our Year 7 Girls competed in the Wyre & Fylde rounders tournament after some great engagement at Rounders clubs after school. They won 2 and lost 2 of their fixtures with a number of girls representing the school for the first time.

### Girls and Boys Football

The teams competed in the Rotary 7-a-side football tournament at Uclan against a number of other schools from around the area. Both teams won some games and had a great day out!

### Boys' Cricket

The Year 7 boys showed great character competing in their first Wyre & Fylde competition with some of the boys experiencing wearing pads and using a hard cricket ball for the first time. They were successful in beating AKS and competed with all other schools on the day with a number of wickets, catches and runs taken.







# Year 8

### ΡE

During Term 3 of Year 8, pupils have taken part in cricket, rounders, athletics and orienteering.

### Athletics

We took a boys and girls Athletics team to the Fylde Coast competition at Stanley Park. There were some standout performances and a huge effort made by all. Engagement levels at both the club and tournament was great to see!



#### Girls Cricket



Our Year 7 and 8 girls cricket Team competed in the outdoor cricket competition and were extremely successful, winning the Wyre & Fylde competition and going on to finish 3<sup>rd</sup> place in Lancashire for the second time

#### Rounders

Our Year 8 Girls competed in the Wyre & Fylde rounders tournament after some great engagement at rounders clubs after school. They finished in 3<sup>rd</sup> place at the tournament and due to amazing number at the extra-curricular practice, we were able to take 16 girls to compete with a number representing school for the first time

### Boys Football

The Year 8 boys continued to show their abilities on the football pitch. There character, behaviour and attitude at football has been great to see throughout the year and this helped them to reach the final of the Wyre & Fylde competition. They overcame some very strong opposition with superb performances and were unlucky not to win in the final, eventually losing 2-1.

### Girls Football

The Under 14 girls competed in some local fixtures this year with a stand out performance away at Cardinal Allen which involved a number of Year 8 Girls.



## Year 9

Our Year 9 pupils continue to engage in their core P.E lessons with many taking part in cricket, rounders, football, netball and athletics in the summer term. A number of pupils have also been helping out at local primary schools events in cricket and orienteering.

### Athletics

We took a boys and girls Athletics team to the Fylde Coast competition at Stanley Park. There were some standout performances and a huge effort made by all. Engagement levels at both the club and tournament were great to see!



#### Football



Our Year 9 boys competed in the Wyre & Fylde football competition. The team were unfortunate to go out the cup in a very tightly contested game but have continued to go from strength to strength.

### Rounders

Our Year 9 Girls competed in the Wyre & Fylde rounders tournament after some great engagement at rounders clubs after school. They won 2 and lost 2 of their fixtures and I am sure they will be back next year looking for success!

### Girls Cricket

Our Year 9 and 10 Girls Cricket Team competed in the Wyre & Fylde Cricket competition against Rossall and AKS with some amazing batting and bowling performances on show.



### ΡE

### Year 10

#### ΡE

Our Year 10 pupils continue to engage in their core P.E lessons with many taking part in football, cricket, rounders, tennis and athletics. Those who have chosen GCSE P.E have continued to work really well and have worked hard in preparation for Year 11.

### Football

The Year 10 team have continued to work hard and compete with the local schools. They unfortunately were knocked out of the competition by a strong Carr Hill side but challenged them throughout the game.



#### Rounders



Our Year 10 Girls competed in the Wyre & Fylde rounders tournament after some great engagement at rounders clubs after school. They won 2 and lost 2 of their fixtures and were outstanding throughout the day in their behaviour, attitude and teamwork.

### Girls Cricket

Our Year 9 and 10 Girls Cricket Team competed in the Wyre & Fylde Cricket competition against Rossall and AKS with some amazing batting and bowling performances on show.



# **Final Mentions**

A huge thanks on behalf of the P.E Department to all the parents/ grandparents/guardians who have helped out throughout what is an extremely busy term for sport. A number of you have provided transport and treats for the pupils who would not have been able to attend the events and make such great memories without your help.

Thanks again and have a wonderful summer.

The P.E Department