



# Pupil Bulletin (Week A)

## Saint Bede's Catholic High School

### 26th June 2023

## PRAYER THEME

**Do not be afraid**

## PRAYER

God of silence and God of all sound,  
help me to listen.  
Help me to do the deep listening to the sounds of  
my soul,  
waiting to hear your soft voice calling me deeper  
into you.  
Give me attentive ears  
that begin to separate the noise from the sounds  
that are you;  
you who have been speaking to me  
and through me my whole life,  
for so long that you can seem like background  
noise.  
Today help me hear you anew.  
Amen.



## CHAPLAINCY

**“Speak Lord, your servant is listening”**

**(1 Samuel)**

In his book ‘Prayers of Life’, the late French priest the Abbe Michel Quoist has the following prayer called ‘The Telephone’ :-

*I have just hung up ; why did he telephone?  
I don't know . . . Oh ! I get it . . .  
I talked a lot and listened very little .*

*Forgive me , Lord , it was a monologue and not a  
dialogue .*

*I explained my idea and did not get his;  
Since I didn't listen, I learned nothing.  
Since I didn't listen, I didn't help.  
Since I didn't listen, we didn't communicate.*

*Forgive me, Lord, for we were connected,  
And now we are cut off .*

It has often been said that we have one mouth and two ears so we can listen twice as much as we speak. We all probably need to develop our listening skills. In our busy lives, it is important to create the space to listen to God. Asking for God's help for others and ourselves is something that can come to us quite naturally but to listen to God needs stillness, quiet and space.

Hearing God's voice requires a listening heart. Mastering the art of listening is one of the greatest challenges. How often do we tend to jump in and finish people's sentences or thoughts? How often do we cut God off, assuming I already know what is going to be said? Do I try to put words into God's mouth? Silence can be uncomfortable but we need to embrace stillness to hear what God wants for us. It may not be what we think we want or need and may surprise us but finding silence in our busy lives helps us to be open to God and His will for us.

## Word of the Week

### Generic

ge/ner/ic

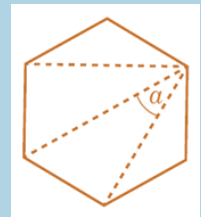
juh-ner-ik

A characteristic relating to a group of things; not specific.

## Numeracy Challenge 37

The diagram shows a regular hexagon.

What is the size of angle  $a$  ?



To enter the Numeracy Challenge complete the weekly test that is set on Firefly

## Year Notices

All Years  
Thursday

**Voluntary Mass:** Feast of Saints Peter And Paul (Lunchtime, Chapel)

Year 9  
Wednesday  
After school

Blackpool Sixth Excellence Academy Visit

Year 10  
Monday

Parents' meeting: Paris Trip (6pm, Hall)

Wednesday  
& Thursday

GCSE Food Preparation and Nutrition  
Practical Assessments (Tech 2)



## Clubs and Activities

### Lunchtime Activities

#### Monday

D of E drop in (Room 17)

Numbers Up Club - all welcome (Room 11)

Drama Year 10 catch up / homework and rehearsal (Hall)

Singers (Music Room)

#### Tuesday

Ukulele (Music Room)

Year 7 Homework Club with Mrs Tankard (Room 1)

### After school Activities

#### Tuesday

Music Centre Band (4.00pm-4.45pm)

## Sport Clubs

Due to the volume of events and time of year, clubs may be limited and may vary over the next few weeks

WC 26/06/23	After School Clubs	Fixtures/Tournaments
Monday		
Tuesday	Athletics (All Years)	
Wednesday	Cricket (All Years)	
Thursday		Boys Fylde Coast Athletics @ Stanley Park
Friday		Year 8 Boys Cricket @ AKS



## General Notices

**Year 10 :** commencing Monday, 19<sup>th</sup> June, Year 10 pupils have the privilege of being able to use the field for football (if they have signed the contract provided by Mr Barnett and Mrs Langley) and to go straight out to the buses rather than lining up by the Qube.

**ParentPay for lunches:** Would pupils please remind parents to top up when their account is getting low. There is also an alert they can set up when the account goes below a certain amount.

Mr Marsden

Farewell, Year 11! I hope you enjoyed last night's 'Prom', which was a fitting way to bring to an end the exam season and your time as a 'Bede'. A special mention to Maya and James, who performed one final duty as Head Boy and Head Girl with two fantastic speeches. We are all hugely proud of the hard work and dedication you have shown both during this challenging final year and through all the 'ups and downs' you have faced since Year 7 – including a global pandemic right in the middle! Have a fantastic summer and we look forward to celebrating with you on Results Day in August. Year 10 now step up to fill your shoes and I was delighted to appoint 80 pupils as our new Prefect team for next year. The process now moves on to Stage 2, where we will appoint our Senior Prefects. Congratulations to everyone selected and good luck to those going forward to the next stage. It has also been a busy week of sporting activities, especially for the girls! Special mention to our Year 7/8 cricket team who are now Wyre & Fylde Champions and 3<sup>rd</sup> overall in Lancashire, as well as to all the girls who represented us in the rounders and athletics events this week. You have set a very high standard for the boys to live up to at Stanley Park next week!

Have a great weekend.

Mr Marsden

