

SUPPORT DURING A TIME OF SORROW

Our shared faith and values unite us as a Catholic community. At St. Bede's we have a series of chaplaincy based support services available to you.

Access to the Chapel

Pupils can access the chapel before school, at break time, lunch time and after school. During these times pupils can spend time in quiet prayer and reflection. Pupils can take the time to write prayers, place flowers in the Chapel, read the Bible and other appropriate activities.

Lunch Time Rosary

Should pupils wish to, they are very welcome to come along at the end of lunch time to pray the rosary or be present while it is being said.

Tuesday Morning Mass

We have a weekly Mass available on Tuesday morning at 8:00am in the Chapel. Pupils can join together in prayer, receive Holy Communion, contribute bidding prayers, read scripture and sing hymns at Mass.

Reconciliation

Should any pupils wish to receive the sacrament of reconciliation (confession), they may wish to do so before and after Mass and at other times upon request.

Chaplaincy Support

We have also increased our Chaplaincy provision at this time through the support of St. Mary's Catholic High School.

The chaplains will be available for staff at 3:15pm on Tuesday 17th October. They will be available for pupils throughout lunch and onwards on Wednesday 18th October.



CONTACT US →

Website

www.stbedeslytham.lancs.sch.uk

Email

contact@stbedeslytham.lancs.sch.uk

Address

Talbot Rd, Lytham Saint Annes FY8 4JL



SAINT BEDE'S
CATHOLIC HIGH SCHOOL

SUPPORT DURING A TIME OF SORROW

As a Catholic School community it is important that we care for one another at all times. During times of sorrow we can show care for one another through the comfort of friendship and prayer.

At St. Bede's we also have a variety of additional support services which are available to pupils and staff.

This leaflet will outline some of the services available to you.



Fons Sapientiae - Fount of Wisdom

SUPPORT FOR PUPILS

At St. Bede's all staff are available to support our pupils and are trained to identify needs and report them accordingly.

All pupils should report issues to their teachers so that they can provide the necessary support.

Pastoral Team Support

Form Tutors and Heads of Year are the first point of contact for pupils and they are available every day if pupils wish to turn to them for support.

NewStart

Some pupils will require additional support through the 1:1 therapy drop-in service which runs on a Wednesday. Capacity has been increased to provide additional sessions for pupils who require it.

Fulltime Learning Mentor

Our more vulnerable pupils receive regular support through meetings with Adey Boothroyd our Learning Mentor. Capacity for crisis appointments has been increased at this time.

Counselling Service

We have increased the capacity of our counselling service with Karen Brandwood. Group counselling support is also available.

We also have additional 1:1 counselling through the support of Ruth Filmer. Ruth will also be running the Kardia emotional wellbeing course to provide group-based support for our pupils.

YOUNG MINDS

fighting for young people's mental health

Young Minds is UK's leading charity fighting for children and young people's mental health.

Website

www.youngminds.org.uk/

Website - Grief and Loss

www.youngminds.org.uk/young-person/my-feelings/grief-and-loss/

Website - Grief and Loss Get Help Now

www.youngminds.org.uk/young-person/my-feelings/grief-and-loss/#Gethelpnow

SUPPORT FOR STAFF AND PUPILS

The Samaritans can be contacted for free 24/7 regarding a wide range of issues.

Telephone Number

116 123

We will also be utilising the support of the Stey by Step bereavement service which is in place to help the school community come to terms with what has happened and prevent stigma and isolation in the school community.

SAMARITANS



Papyrus Prevention of Young Suicide

PAPYRUS's suicide prevention helpline, HOPELINE247, is not only here to support young people who are experiencing thoughts of suicide, or those concerned for them. It's also here for any professional who has had an experience with suicide and would like to talk it through with a trained professional.

Employee Assistance Programme

The school has access to an employee assistance programme that is available for all staff should they require it.

Website

www.employeeassistance.org.uk

The Line Management Structure

Staff can also make use of the line management structure we have at our school. This ensures that support to all staff is available by a colleague and fellow professional. Line managers are in place to provide support and guidance where required,

Counselling for Staff

Samaritan drop in sessions are available for staff who would like to receive some counselling.

Staff will also have access to counselling through one of our temporary chaplains who is also a qualified counsellor.